



Howard County Local Health Improvement Coalition

Behavioral Health Work Group Meeting

11/12/2019 – 9:00 - 10:30am

Zoom Call in Meeting ID #903-379-504

Minutes

Members Present:

- | | |
|--|---|
| Yulanda Blackston, NAMI Howard County | Genny LaPorte, Howard County Police Department |
| Bonnie Bricker, Community Member | Juli Murray, Inquiring Minds, LLC and AFSP |
| Tiffany Callender, Horizon Foundation | Maura Rossman, Howard County Health Department |
| Marsha Dawson, Howard County Department of
Community Resources and Services | Cynthia Schulmeyer, Howard County Public School
System |
| Katie Downes, Congruent Counseling Services | Naeemah Staggs, Community Member |
| Olivia Farrow, Saint Agnes Hospital | Rashel Taylor, Horizon Foundation |
| Tina Field, Grassroots Crisis Intervention Center | Laura Torres, Howard County General Hospital |
| Denise Giuliano, NAMI Howard County | Heidi Weiss-Beedie, Howard County Health Department |
| Amy Kelly, Howard County Public School System | Kristy Wheelton, Humanim |
| Stephanie Kersheskey, Howard County Health Department | Eileen Zeller, Community Member |

Guests Present:

Erin Anderson, RN, MS, Community Health Nurse, Howard County Health Department

Staff Present:

Kelly Kesler, HCLHIC Director
Seojin Kim, HCLHIC Program Coordinator
Rodney Oldham, HCLHIC Program Coordinator

Topic/Agenda	Discussion	Action/Follow-up
Welcome and Introductions	Kelly Kesler called the meeting to order at 9:00 am, and participants, new LHIC coordinators, and guest speakers introduced themselves. Kelly Kesler reviewed the goals and agenda for the meeting.	
HCPSS Suicide Prevention Training Update	Cynthia Schulmeyer, Ph.D., Coordinator of School Psychology, Howard County Public School System delivered an update on the HCPSS Suicide Prevention Training programs being implemented during the 2019-2020 academic years. Dr. Schulmeyer shared that as of November 4th over 5,100 HCPSS staff have received a	Coalition members who are interested in more information about the HCPSS suicide training programs are encouraged to contact Cynthia Schulmeyer at Cynthia_Schulmeyer@hcpss.org LHIC members are encouraged to visit and share resources such as the Network of

	<p>one-hour training for certificated professionals. This training serves to fulfil mandates established by Lauryn’s Law (COMAR 13A.07.11). This regulation requires Student Suicide Prevention and Safety Training for staff that includes training on: responding to youth suicide, student trauma, student safety, and other topics related to student health and well-being; and, identifying professional resources to help students in crisis. Additionally, students in grades 6-9 will be participating in the Signs of Suicide training. The system will continue to identify strategies for elementary level education and continuing education for 10-12 grades.</p>	<p>Care, the Behavioral Health Crosswalk and other tools. Visit:</p> <ul style="list-style-type: none"> • http://www.hclhic.org/resources/behavioral-health-resources • http://howard.md.networkofcare.org/mh/ • https://www.hcpss.org/supports/mental-health-wellness/
<p>Approval of Minutes and Announcements</p>	<p>Seojin Kim provided a summary from the August 13, 2019 meeting. A motion to accept the minutes as written was made by Laura Torres and seconded by Eileen Zeller.</p> <p>Kelly Kesler provided announcements and requested members share upcoming programs and activities.</p> <p>Tiffany Callender from Horizon Foundation shared the successful outcome from the Mental Health Film Festival (10/23/2019) and thanked coalition members and their partnership for this event.</p> <p>Eileen Zeller shared that the trauma care program by Mental Health Association of Maryland will be released in the near future.</p> <p>Olivia Farrow shared that St. Agnes Health Care is launching a Social Determinant Screening tool that will be used to support connection of clients to resources.</p>	<p>Minutes from the previous meeting will be available one week prior to the next meeting date at http://www.hclhic.org/membership/meeting-portal.</p> <p>Group members are encouraged to provide event information for inclusion on the HCLHIC website and to visit the site for information on upcoming events: http://www.hclhic.org/news-events/lhic-and-partner-events/month.calendar/. To request an event be added to the HCLHIC Community calendar contact lhic@howardcountymd.gov.</p> <p>A follow-up email was sent to work group members following the meeting with information. Coalition members are asked to participate/share:</p> <ul style="list-style-type: none"> • Thrive By 5 • Bearing Witness to Racial Trauma • MMWR Adverse Childhood Experiences (ACEs) • 2019 Champions of Change Conference <p>Coalition member are encouraged to learn about 1) Social Determinants Screening Tool and 2) SBIRT Screening Tool through the attached files. Coalition members may</p>

		<p>contact Olivia Farrow with questions about the tools at Olivia.Farrow@ascension.org</p> <p>Information from Ms. Zeller and Ms. Farrow will be shared when it is received through regular LHIC work group email.</p>
<p>Presentation of Birth Outcomes and Mental Health</p>	<p>Erin Anderson, Community Health Nurse for the Howard County Health Department, presented data regarding Birth Outcomes and Mental Health in Howard County.</p> <p>Ms. Anderson reviewed the 2017 annual report of Howard County data trends including: 1) 2018 Preliminary data, 2) 2017 Birth Statistics, 3) 2010-2017 fetal/infant death, 4) 2013-2017 premature birth, and 5) a variety of risk factors (e.g., Maternal opioid and other substance uses).</p> <p>Ms. Anderson also shared some of the key findings from the 2018 Fetal Infant Mortality Review (FIMR) Committee’s focus group and the information regarding the future training activities to address Implicit Bias with providers and other member of the community.</p> <p>Coalition members discussed the correlation between the birth outcomes and Adverse Childhood Experiences (ACEs).</p>	<p>Coalition members may contact Erin Anderson with questions at eanderson@howardcountymd.gov</p> <p>Coalition member are encouraged to learn about more information about the presentation at:</p> <ul style="list-style-type: none"> • 2018 Infant Mortality Report • Other Birth/Death Related Reports from Other Years • 2017 In-Depth Report <p>LHIC will email more information about FIMR Training/Implicit Bias Discussions to Coalition member in the near future.</p> <p>Coalition member are expected to learn about additional information about Relationship of Childhood Abuse and Household Dysfunction via the link below https://www.cdc.gov/violenceprevention/childabuseandneglect/acestudy/about.html</p>
<p>Implicit Bias Training</p>	<p>Coalition members discussed about how professional implicit bias could have an impact on behavioral health providers and agreed that LHIC could play an important role in delivering professional education including ACEs or Implicit Bias to individual practitioners and other community members.</p>	<p>Coalition member are encouraged to learn about more information about Implicit Bias at:</p> <ul style="list-style-type: none"> • Project Implicit http://www.projectimplicit.net/index.html • the IAT tool https://implicit.harvard.edu/implicit/ <p>Coalition members who are interested in providing their organization’s employees with professional educating programs in a collaboration with LHIC should contact Kelly Kesler at kkesler@howardcountymd.gov</p>

<p>Year-round Drug Disposal Promotion Strategies</p>	<p>On behalf of Joan-Webb Scornaienchi, Executive Director of HC DrugFree, Kelly Kesler shared HC DrugFree’s outcomes from the most recent Drug Take Back Day held on October 26, 2019. At the request of the County’s Opioid Intervention Team, the group discussed potential ways to promote year-round collection of drugs and sharps. Many coalition members pointed out the importance of community education to increase the awareness of local collection of used medications/sharps. (For example, CVS has a 24/7 available box to dispose of used medications).</p> <p>Eileen Zeller encouraged the group to think about incorporating drug take back opportunities into suicide prevention activities as a way to reduce access to lethal means. The Counseling on Access to Lethal Means (CALM) online training was discussed in regard to lethal means reduction training.</p>	<p>LHIC members are encouraged to contact Joan-Webb Scornaienchi at joan@hcdrugfree.org to request information that can be shared regarding the year-round collection sites.</p> <p>For additional information on the CALM online training visit: https://training.sprc.org/enrol/index.php?id=20</p>
<p>Next Steps and wrap-up</p>	<p>The work group meeting was adjourned at 10:30 am.</p>	<p>Members are asked to continue to share the resource guides that the HCLHIC maintains with colleagues and stakeholders to increase access to these important programs and services available in the County. Remember to check back at www.hclhic.org regularly for updates:</p> <ul style="list-style-type: none"> • HCLHIC Chronic Disease Self-Management Program Resource Directory • HCLHIC Food Assistance Nutrition Education Resource Directory • HCLHIC Behavioral Health Crosswalk and HCLHIC Partner Mental Health First Aid Classes & Suicide Intervention Programs

Future Meeting Dates:

Work Group

March 17, 2020; 9:00 – 10:30am – Barton A&B
 May 12, 2020; 9:00 – 10:30am – Barton A&B

FULL HCLHIC

January 30, 2020; 8:30 – 10:30am – Howard County Non-Profit Collaborative

Howard County LHIC

Local Health Improvement Coalition



8930 Stanford Blvd | Columbia, MD 21045

410.313.6204 - Voice/Relay

410.313.6108 - Fax

1.866.313.6300 - Toll Free

www.hclhic.org

April 30, 2020; 8:30 – 10:30am – TBD

June 25, 2020; 8:30 – 10:30am – Susquehanna Room

Respectfully submitted by
Seojin Kim, MSW, Program Coordinator
Howard County Local Health Improvement Coalition